



Nottinghamshire A.S.A.

LAP CARD CHECKER

TK End

400m (LC)

Distance Completed	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
0m	8	8	8	8	8	8	8	8
100m	6	6	6	6	6	6	6	6
200m	4	4	4	4	4	4	4	4
300m	2	2	2	2	2	2	2	2

Distance Completed	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
0m	8	8	8	8	8	8	8	8
100m	6	6	6	6	6	6	6	6
200m	4	4	4	4	4	4	4	4
300m	2	2	2	2	2	2	2	2

Distance Completed	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
0m	8	8	8	8	8	8	8	8
100m	6	6	6	6	6	6	6	6
200m	4	4	4	4	4	4	4	4
300m	2	2	2	2	2	2	2	2

Distance Completed	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
0m	8	8	8	8	8	8	8	8
100m	6	6	6	6	6	6	6	6
200m	4	4	4	4	4	4	4	4
300m	2	2	2	2	2	2	2	2

Distance Completed	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
0m	8	8	8	8	8	8	8	8
100m	6	6	6	6	6	6	6	6
200m	4	4	4	4	4	4	4	4
300m	2	2	2	2	2	2	2	2

Distance Completed	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
0m	8	8	8	8	8	8	8	8
100m	6	6	6	6	6	6	6	6
200m	4	4	4	4	4	4	4	4
300m	2	2	2	2	2	2	2	2