



Nottinghamshire A.S.A.

LAP CARD CHECKER

Time Keepers

1500m (SC)

Lane

Event

Heat

Heat

L	R
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L	R
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Heat

Heat

L	R
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L	R
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Laps to go Distance completed

Laps to go Distance completed

Laps to go Distance completed

Laps to go Distance completed

60	0
58	50
56	100
54	150
52	200
50	250
48	300
46	350
44	400
42	450
40	500
38	550
36	600
34	650
32	700
30	750
28	800
26	850
24	900
22	950
20	1000
18	1050
16	1100
14	1150
12	1200
10	1250
8	1300
6	1350
4	1400
bell	1450
button	1500

60	0
58	50
56	100
54	150
52	200
50	250
48	300
46	350
44	400
42	450
40	500
38	550
36	600
34	650
32	700
30	750
28	800
26	850
24	900
22	950
20	1000
18	1050
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