

NOTTS A.S.A LEAGUE GALA (STAGE 3) SPRING 2020

1. The competition shall be known as the Nottinghamshire A.S.A. League (Stage 3) and will be swum in the Spring.
2. Notts A.S.A will provide Trophies for the Finalists of the League.
3. The League will be licensed at Level 4 for eligibility for entry in the Notts A.S.A. County Championships and other Open Meets.
Points will be scored **6 5 4 3 2 1** for **30, 24, 18** Teams and **5 4 3 2 1** for **25, 20, 15** Teams.
4. All **Individual Events** will be swum over **100 meters**
Relay Events will be **4 x 50** meters.
Mixed Cannon will be **12 x 25** meters **1 Girl and 1 Boy** with the **youngest Girl swimming first**.
5. **AGE AS AT DATE OF THE FINAL ROUND**
The Age Groups are: **12/UNDER**
14/UNDER
OPEN
ALL SWIMMERS MUST BE AGED 9 YEARS AND OVER ON THE DAY OF COMPETITION.
The Events are as per the printed programme.
Swimmers may swim a **maximum of 3 individual events with 2** in own age group.
OPEN swimmers may swim **3 Events in own age group.**
NO restrictions on the number of relay events a swimmer can swim
Mixed Relays will consist of **2 BOYS** and **2 GIRLS** in **ANY** order
6. Only **TWO TEAM MANAGERS** and **A MAXIMUM OF TWO LANE COACHES** shall be appointed by each Club represented and only these persons shall be allowed on the poolside along with the swimmers and officials.
7. The order of swimming and the allocation of lanes shall be the responsibility of the Swimming Leagues Management Board or its delegated officers and all matters relating to the rules of the competition shall be referred to the Committee for decision, subject to ratification by the Notts A.S. A. Management Board.
8. The Lead Referee is responsible for completing the officials register at the start of the competition and assign the roles to be undertaken for the competition.
9. All competing teams are to provide a minimum of 3 suitable qualified officials for the competition, the recommendation is a minimum of 2 Timekeepers and 1 Judge.
10. The names of officials **MUST** be sent to the host "A" club no later than the day before the competition.
11. It is the responsibility of each host club to provide 1 Chief Timekeeper, and between them any additional judges, asking all competing teams for help if needed.
12. Host Clubs are to follow the host club guide for information on volunteer allocation.
13. The host club are to act as the promoters of the competition on behalf of the league management committee and complete the relevant licensing documents at the end of the competition and submit these to the league manager.
14. The Lead Referee is to complete a report form on completion of the competition and pass to the gala coordinator for submission to the league manager.
15. Recorders are to follow the recorders guide for the completion of the official recorders spreadsheet. This spreadsheet is to be submitted electronically to the league manager and the licensing coordinator within 48 hours of the completion of the competition for ratification and submission to the national rankings.

16. Team sheets should be submitted electronically on the official sheets, available on the league website, a minimum of 24 hours before the competition to the "Host A" contact. Any last minute changes can be made on the night by completing the official forms provided at the competition and passed to the recorders.
17. All clubs competing must have paid the annual fee for level 4 meets in the year of the league competition to be able to compete in the league and have their swimmers times submitted to the national rankings.
18. All other matters, including the setting of fees shall be decided by the Notts A.S.A. Management Board acting as promoters and any other matters not covered by these rules shall be interpreted as far as possible by reference to the General Conditions for swimming promoted by Notts A.S.A. subject to ASA Law and Technical Rules of Swimming.
19. Consideration will be given to Clubs, when in an emergency situation, they need to swim for no points.
20. The League Management reserves the right to decide any matter not covered in these rules.

Revised December 2019