

## NOTTS A.S.A. TROPHY GALA ( STAGE 1)

**IF A SWIMMER HAS ACHIEVED A EAST MIDLAND REGION STANDARD TIME FOR THE CURRENT YEAR, THEN NO PARTICIPATION IN THIS GALA IS PERMITTED.**

1. The competition shall be known as the Nottinghamshire A.S.A. Trophy Gala.
2. The Notts A.S.A will provide a Trophy to the top 3 Clubs that achieve the highest total points at each trophy gala. Points will be scored **6 5 4 3 2 1** for **30, 24, 18 Teams** and **5 4 3 2 1** for **25, 20, 15 Teams**.
3. **Individual events:**  
**8 Years will be swum over 25 meters.**  
**9, 10 and 11 years** will be swum over 50 meters  
**Relays 4 x 25 meters for 8/9 years only**  
**Relays 4 x 50 meters 10/11 years only**  
**Medley Relays will be: - Backstroke/Breaststroke/Butterfly/Freestyle as per Medley rules.**  
**The Cannon 8 x 25 meters 1 Girl and 1 Boy from each age group with the youngest Girl to swim first**
4. **Age Groups are: -**
  - 8 years.**
  - 9 years/under**
  - 10 years/under**
  - 11 years/under**

Events are as per the printed programme and are **AGE ON DAY**  
**Swimmers may swim a maximum of three individual events. With 2 events in their own Age Group.**  
**11yrs age group may swim 3 individual events.**
5. Any club found to have abused the ruling: A Swimmer having achieved a East Midland Region Standard Time will incur a **penalty**  
**The penalty imposed will be a deduction of 10 points along with the relevant points gained in the events swum.**
6. Final positions will be decided by placing as per the promoters conditions.
7. Only **TWO TEAM MANAGERS** and **TWO LANE COACHES** shall be appointed by each Club represented and only these persons shall be allowed on the poolside.
8. The order of swimming and the allocation of lanes shall be the responsibility of the Swimming Leagues Management Board or its delegated officers and all matters relating to the rules of the competition shall be referred to the Committee for decision, subject to ratification by the Notts A.S. A. Management Board.
9. All other matters, including the setting of fees shall be decided by the Notts A.S.A. Management Board acting as promoters and any other matters not covered by these rules shall be interpreted as far as possible by reference to the General Conditions for swimming promoted by the Notts A.S.A. subject to ASA Law and Technical Rules of Swimming.
10. Consideration will be given to Clubs, when in an emergency situation, they need to swim for no points.
11. The League Management reserves the right to decide any matter not covered in these rules.

*Revised November 2015*